



POTENTIAL REMOVAL OF THE HEAD STREET DAM IN STRATHROY, ONTARIO
PROJECT SUMMARY

Background

The Head Street Dam is located approximately 70m southwest (downstream) of the Head Street bridge in Strathroy, Ontario on the east branch of the Sydenham River. Originally constructed in the 1970s, the structure is approximately 1.4m high and consists of a 45m long retaining wall of vertical sheet piles imbedded in the riverbed with large armor stone placed on the downstream side of the dam for added stability. The south end features a concrete spillway equipped with eight stop logs that allow water levels in the head pond (reservoir) to be adjusted. The purpose of the reservoir was to provide flood attenuation and recreational opportunities.



Figure 1 Head Street Dam after construction in the 1970s

Since the installation of the dam and creation of the reservoir large volumes of sediment have accumulated causing the pond to become shallower over time. This has resulted in a negative impact on recreational activities and wildlife habitat. Dams in general can further negatively impact river ecosystems by creating barriers to fish passage, impeding mussel distribution, altering thermal regimes, altering sediment transport, and degrading water quality (temperature, oxygen levels, algal growth, and bacteria levels). Local concerns have been raised about the water quality in the reservoir, specifically the algal blooms that occur.

With this change in function of the reservoir, and new information regarding the impacts of dams on freshwater systems, the St. Clair Region Conservation Authority (SCRCA) is interested in the feasibility of removing the dam and restoring the reservoir to a more natural river system. In 2003, the SCRCA hired Greck and Associates to complete an Environmental Assessment and determine viable options to deal with the accumulation of sediment. Some of the options from this report included do nothing, remove the dam partially, remove the dam with or without an offline pond or wetland feature and dam

removal without dredging. In the end the decision at the time was to do nothing. More recently, the SCRCA has hired GSS Engineers Consultants Ltd. to review the current conditions of the dam and reservoir and investigate the potential removal of the dam. This report summarizes the information obtained from the report titled Potential Removal of the Head Street Dam in Strathroy, Ontario.

Ecological impacts

The International Union for Conservation of Nature has designated the Sydenham River as one

of thirteen freshwater Key Biodiversity Areas in Canada. This is due to the diversity of freshwater species supported by the Sydenham River. The Sydenham River is home to 34 mussel species and 80 fish species as well as many other semi-aquatic species such as turtles, snakes, amphibians and dragonflies. Some of these species are designated as Species at Risk and are found nowhere else in Canada or remain in only a few locations globally.

As noted in the 2018 Sydenham River Recovery Strategy (Strategy) there are a number of threats to aquatic Species at Risk that inhabit the Sydenham River. Specifically, dams are identified in the Strategy as negatively impacting aquatic habitat by:

- Causing thermal warming based on surveys conducted by SCRCA staff over three years, temperature loggers recorded water temperature at the upstream and downstream end of the reservoir and noted on average the water temperature downstream of the reservoir was 2.6°C warmer in the summer months than upstream of the reservoir.
- Decreasing water quality due to the low flows and shallow water within the reservoir algal blooms have increased. Algal blooms impact water quality by depleting oxygen levels and can create an unpleasant odor and safety concerns on top of being aesthetically unappealing.
- Altering sediment transport processes and sediment deposition the head street dam prevents sediments such as sand and gravel from moving downstream, this sediment is necessary for some wildlife and their various life stages.
- Barrier to fish migration and mussel distribution the head street dam limits the ability of fish to move freely through the Sydenham River and access a wide variety of habitat types. Additionally, by limiting the ability of fish to move the distribution of mussels are also impacted as many mussels rely on fish hosts to move their young upstream.

Removal of the Head Street dam would eliminate an identified threat to aquatic species at risk and their habitat and life stages. However, removal of the dam can also negatively impact aquatic species and their habitats if the sediment, specifically the silt, in the reservoir is not managed effectively. Silt, unlike sand and gravel, can negatively impact species downstream by increasing turbidity and making it difficult for species to fulfill their life cycle requirement. Silt can also smother and suffocate sedentary species like mussels or fish eggs. With the amount of silt that has accumulated behind the Head Street Dam, additional study is recommended to determine silt transport rates and the affected downstream area if the decision is made to remove the dam and allow sediment to naturally migrate downstream.

Overall, removal of the dam should have a net benefit to river ecology. Dam removal should improve aquatic habitat for aquatic species at risk by restoring natural sediment transport and supply downstream of the dam, by reducing the thermal impact to the river caused by the dam reservoir and by restoring full fish passage. The dam removal options that include allowing the sediment to naturally wash down the river, if considered, should be carefully discussed in advance with regulatory authorities including the Department of Fisheries and Oceans, and the provincial MNRF and MECP. It is likely critical that all these agencies, and perhaps others, come to agreement early in the planning process as to the preferred means to deal with the large volume of sediment stored in the reservoir.

Existing Conditions and Sediment Analysis

Based on the GSS report, the Head Street dam appears to be in good condition overall. The reservoir is approximately 6.2 ha in size and relatively shallow with a maximum depth of approximately 1.2m. In 1989 a portion of the reservoir was dredged to remove some of the accumulated sediment in order to improve recreational opportunities. Since this time, sediment has further accumulated, and it is predicted that water depths will become shallower especially near the bridge.

Surveys completed in the spring of 2022 summarized the various water depths over the sediment ranged from 0.15m to 1.2m with a typical depth of water over sediment being 0.5-0.9m. Depths were greater toward the Head Street dam confirming that this area is still slowly accumulating sediment. The sediment depth ranged from less than 0.5m around the edges of the pond to over 2m depth in certain areas, more typically, sediment depths of 1.5m or more cover much of the reservoir.

The current volume of sediment in the reservoir, is estimated to be over 66,000 cubic meters, which leads to an estimated sediment accumulation rate between 800m³/year to 1,300m³/year based on the current average water depth of 0.7m. If this accumulation rate continues, it is projected that the reservoir could be completely full of sediment by

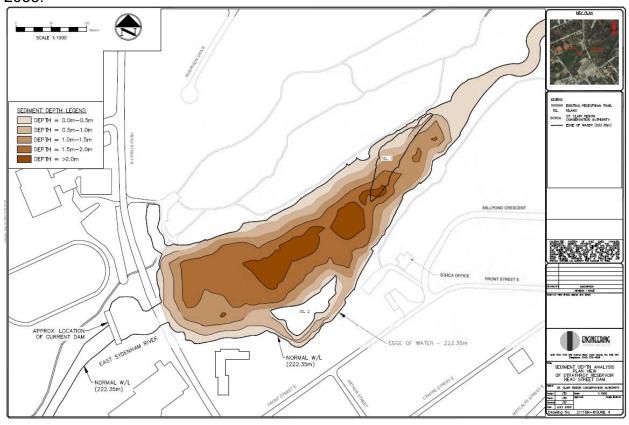


Figure 2 Sediment Depth Analysis for the Strathroy Reservoir

Sediment samples were also collected for analysis to determine if any contaminants are present in the system. Results of the analysis indicate that the sediment quality in the Head Street dam reservoir is free of contaminants other than a few locations where elevated levels of phosphorus were detected. Although these levels were elevated, they were still below the sediment quality standard for phosphorus set by the Ministry of Environment Conservation and Parks.

A study prepared by GEO Morphix in January 2023 reviewed the potential effects of sediment release and channel formation following the removal of the dam. This study concludes that the new channel that forms in the reservoir (after dam removal) could form significant meander belts with widths ranging from 80m to 190m. These widths approach or exceed the current width of the reservoir. The channel width and depth that could form through the sediment deposition area is estimated to have a width of 16 m and a depth of 1.61 m. However, this depth is from final water level to final channel bottom and does not include the height of riverbanks (i.e. remaining sediment) above the final water level at normal river flow rates.

Based on the current sediment conditions in the reservoir it is estimated that an approximate volume of 48,000 cubic meters of sediment would be released from the reservoir if the entirety of the dam were removed. This is 73% of the total estimated volume of sediment currently in the reservoir. It is not known the rate of transport of the

released sediment and further evaluation of sediment management options would be required.

It is noted that new regulations in Ontario govern the movement of excess fill and earth material (*Excess Soil Regulation O. Reg. 406/19*). Therefore, if excavation or dredging sediment from the reservoir is proposed additional samples of sediment may be required for analysis of a wider range of parameters to meet the requirements of the regulation.

Based on current conditions, and without further studies, the following conclusions have been presented by GSS Engineers Consultants for sediment management:

- As per the GSS Engineering and Geo Morphix reports it does not appear practical to dredge or excavate the sediment from the reservoir before the dam is removed.
- Slow release of reservoir sediment over three years (by stepped removal of the dam over three years) would likely pose less risks to the downstream channel condition than if the dam was completely removed in one work season.
- 3. Further modelling is recommended of sediment transport downstream of the dam site if a decision was made in principle to remove the dam without significant sediment being first removed from the reservoir.

Flood and Erosion Analysis

The floodplain of the Sydenham River specifically in the Strathroy area is relatively wide. The GSS report looked at what impacts the dam removal would have on flooding and sediment transport.

Using a HEC RAS model developed by GSS Engineering a 5.9km stretch of the East Sydenham River, upstream and downstream of the Head Street dam, was used to estimate return flood flows calculated for the 100-year flood event down to the 2-year flood event. The model also estimates the area which will become flooded under current conditions (dam in place) and after dam removal.

The modelling shows no difference between the 100-year inundated flood area before and after dam removal for the river downstream of the dam. Upstream of the dam, modelling shows the inundated flood area is slightly less after the dam is removed. Figure 3 below depicts the flood boundary for the pre-dam removal (in red) and for the post dam removal (in blue). In areas upstream and downstream of the dam that only depict a blue line (post dam removal), the blue line is overlapping the red line. This Indicates the flood boundary for pre and post dam removal are the same in this area, and therefore the dam has no affect on flooding. The model results predict there would be no significant change in flooding conditions for the 100-year flood event if the dam was removed. The modelling however, does not take into account the effects of sediment release from the reservoir downstream if the dam were removed.

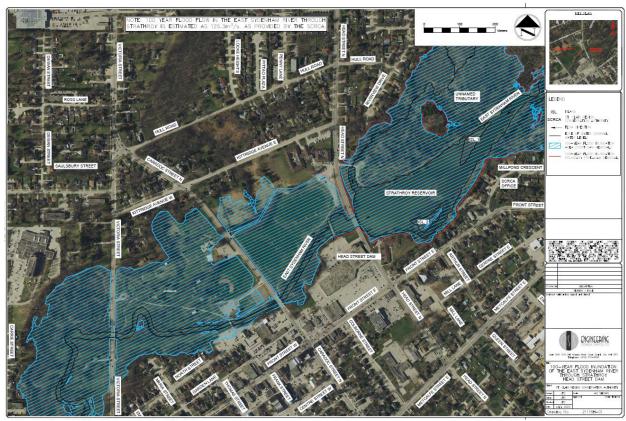


Figure 3 100-year Flood Inundation of the East Sydenham River through Strathroy

Stability of the Head Street Bridge if the Head Street Dam is Removed

A major concern brought forward from the potential removal of the Head Street dam is the impact that the higher velocities from a river system may have on the Head Street bridge. The concern being that these higher velocities may cause erosion of the riverbed along the bridge abutments and around the central support piers. Upon investigation the Head Street bridge was constructed at some point in the 1960's. This timeframe is prior to the installation of the dam. It is assumed the bridge design accounted for the flood flow conditions and accompanying river flow velocities that existed prior to the dam construction. Using the HEC RAS model previously mentioned, which was used to model flood flow elevations upstream and downstream of the Head Street dam, the modelling was also used to estimate flood velocities under the Head Street bridge if the dam was removed in the future.

Hydraulic analysis of water velocities under the Head Street bridge were completed for the 100-year flood event, the 2-year flood event and the mean annual stream flow. Through this analysis it was determined that the water velocities under the bridge, even at 100-year flood flows, are relatively low (average 1.62m/s) and unlikely to cause any scour of the river bottom, along the edge of the bridge abutments, or around the center

support piers. The HEC RAS model also predicts the water levels under the bridge after the dam is removed and during the 100-year flood flow will be like current water levels with the dam in place. Similar water levels indicates that the cross-sectional flow will be unchanged and the average water velocity for the 100-year flood flow will be unchanged for pre and post dam removal conditions.

As a precaution, it is recommended that a layer of 12" to 16" diameter stone be placed on the river bottom under the bridge and up the banks to the 100-year flood high water mark to further protect the bridge and riverbed from scour.

Methods of Dam Removal and Sediment Management Strategies

If a decision is made to remove the Head Street dam, there are several methods for removing a dam to consider, they are as follows:

- 1. Full removal of the dam in one summer work period.
- 2. Gradual removal of the dam over two or more seasons where stop logs are removed in the first year followed by full removal of the dam in the second year or full removal of the dam over several subsequent years.
- 3. Partial removal of the dam where enough of a dam is removed to achieve environmental goals (i.e. restore fish passage and reduce summertime heating of stream water temperatures) but retain some of the dam to retain sediment storage capacity or to provide some other social or economic benefit by retaining some level of ponding behind the remaining portion of the dam

For this study, only full removal of the dam is considered in the removal options presented by GSS Engineering Consultants.

To manage the sediment within the reservoir the following options have been presented by GSS Engineering Consultants:

- 1. Prior to dam removal, remove the sediment from the reservoir by use of a hydraulic dredge. This requires a floating dredge system that pumps a large volume of sediment mixed with water to a receiving basin that would allow the sediment fraction to settle and the clear "decant" water to return to the river.
- 2. As part of the dam removal process, construct a large bypass channel or pipeline around the reservoir and dam and discharge the river flow below the dam site. Once the stream bypass is established, mechanically remove reservoir sediment "in the dry" using large excavation equipment and dump trucks etc.
- 3. Remove dam all or in stages and allow river flow to transport the sediment in the reservoir downstream naturally.

Table 5 provides a summary of five general dam removal options including sediment management strategies for each option. This includes the option to "do nothing" (leave dam in place).

For all options proposing dam removal (Options 1, 2, 3 and 4), the dam removal component of the overall project appears to be relatively straight forward as the dam structure is relatively low and easily accessible from the north side. Capital costs to remove the dam only (i.e. without sediment management costs) are estimated to range from \$300,000 to \$800,000.

Table 6 provides an overall preliminary cost estimate for the five different dam removal options. Option 2, where the reservoir upstream of the dam is first drained, is estimated to be the lowest cost of dam removal with the highest cost being Option 3 where the dam is removed in steps over several years with water remaining in the reservoir while the dam is removed.

Much higher costs are assigned to active sediment management for Options 1 and 2 where the sediment is removed first by dredging or mechanical excavation before the dam is removed. Such active sediment management costs are estimated to cost at least \$4,000,000 to \$6,000,000 in addition to dam removal costs. As discussed in the next sections these active sediment management costs are also seen to have extreme technical challenges and potentially high social impacts.



TABLE 6 Sediment Management and Dam Removal Options Potential Removal of the Head Street Dam

January 15, 2023 21-118

Sediment Management and Dam Removal Options	Economic Considerations	Technical Obstacles	Social Impacts	Environmental Impacts	Regulatory Concerns
Option 1: Dredging of sediment with water in head pond followed by complete dam removal.	Very expensive sediment management option as very large volume of sediment/ water mixture will be produced. Dam removal will be relatively inexpensive.	Onsite sediment dewatering required. Very large settling pond likely required. Ultimate sediment disposal requirements could be difficult. Equipment mobilization, operation and demobilization required.	Large area required for sediment dewatering in current park area. Major impact to park users.	Aquatic species (fish, turtles, etc.) in the head pond may be entrained in the dredged sediment.	Regulations regarding sediment disposal on off-site lands are now quite stringent.
Option 2: Temporary bypass of river around dam. Excavate sediment "in the dry" and complete dam removal.	Expensive sediment management option. Temporary bypass pipe or channel around head pond will be expensive to construct. Least expensive dam removal option.	Construction of bypass pipe or new channel around the reservoir could be very difficult to design and locate. Ultimate sediment disposal requirements could be difficult. Excavating wet sediment with equipment within po	Bypass pipe or channel could be a safety hazard until dam and sediments are removed. Large area of deep, soft sediment could be a danger to pedestrians.	As head pond level lowers, aquatic species may become trapped in the drying up reservoir.	Regulations regarding sediment disposal on off-site lands are now quite stringent.
Option 3: Remove dam in phases over ± 3 years. Allows slow release of sediment over 3 years.	More expensive dam removal option than Option 4. No significant cost for sediment management.	Maintaining structural integrity of dam is required over ± 3 year process. The long timeline to remove dam may be difficult contractually.	Current reservoir area could be a safety hazard for multiple years due to large areas of deep, soft sediment.	Sediment is released downstream at a relatively high rate. Sydenham River downstream of dam will become turbid following each step of dam removal due to entrained sediment.	LIRA (MNRF) permitting may be complicated due to partial removal of dam in steps. Regulators may not allow the periodic release of large volumes of sediment.
Option 4: One time removal of complete dam. Allow one time release of sediment.	Relatively inexpensive dam removal option. No significant cost for sediment management.	Water velocity management required to allow head pond to drain slowly.	Current reservoir area could be a safety hazard for one or two years due to large areas of deep, soft sediment.	Very large amount of sediment will be transported downstream in a relatively short timeframe. Sydenham River downstream of dam will become turbid due to entrained sediment.	Regulators may not allow the sudden release of large volumes of sediment.
Option 5: Do nothing.	No immediate cost. Potential for increased maintenance costs as the dam deteriorates.	Dam may need to be structurally reinforced in the future.	As the dam deteriorates it will eventually become safety hazard.	The dam obstructs fish migration. The dam deprives aquatic species (including SAR) downstream of dam of required sediment.	As the dam's structural integrity degrades over time, regulators may be concerned with public safety and dam failure.



TABLE 7 Sediment Management and Dam Removal Options - Preliminary Cost Estimate Potential Removal of the Head Street Dam

January 19, 2023 21-118

Sediment Management and Dam Removal Options	Capital Cost Estimate for Dam Removal	Capital Cost Estimate for Sediment Removal	Total Capital Cost Estimate	Comments
Option 1: Dredging of sediment with water in head pond followed by complete dam removal.	\$500,000 to \$700,000	> \$5,000,000 Need to construct very large sediment/dewatering lagoon on north side of head pond.	> \$5,500,000 to \$5,700,000	Cost to design, approve and construct very large sediment/dewatering pond very difficult to estimate. Would also be final restoration costs of dewatering pond once sediment dries.
Option 2: Temporary bypass of river around dam. Excavate sediment "in the dry" and complete dam removal.	\$300,000 to \$500,000	> \$9,000,000 Cost to build large bypass channel or large bypass pipe around north side of head pond - and pass water under Head Street - would be extremely high.	> \$9,300,000 to \$9,500,000	Technically very difficult. The bypass channel/pipeline likely would need to be very large to accommodate a reasonably large flow, i.e. potentially the 2-year flood flow rate of 54 m³/s. Creating new bridge/culvert, etc. under Head Street for new channel or pipeline would be extremely difficult and expensive.
Option 3: Remove dam in phases over ± 3 years. Allows slow release of sediment over 3 years.	\$800,000	Essentially zero cost for active sediment management as sediment would slowly wash downstream. Assume \$300,000 for bioengineering stabilization of emerging stream banks.	\$1,100,000	Second lowest overall cost. Agreement from all review agencies (DFO, MECP, MNRF and SCRCA) required in advance to allow downstream sediment release from head pond.
Option 4: One time removal of complete dam. Allow one time release of sediment.	\$500,000 to \$700,000	Essentially zero cost for active sediment management as sediment would wash downstream. Assume \$300,000 for bioengineering stabilization of emerging stream banks.	\$800,000 to \$1,000,000	Lowest overall cost. Agreement from all review agencies (DFO, MECP, MNRF and SCRCA) required in advance to allow downstream sediment release from head pond.
Option 5: Do nothing.	Theoretically zero cost. However, ultimately, dam will reach end of service life and need to be repaired, rebuilt or removed.	No cost.	Theoretically zero.	Volume of sediment in head pond will continue to increase over time. With inflation and extra sediment, future costs for dam removal will increase compared to current costs.

Note: Capital costs do not include consultation, engineering or permitting costs.

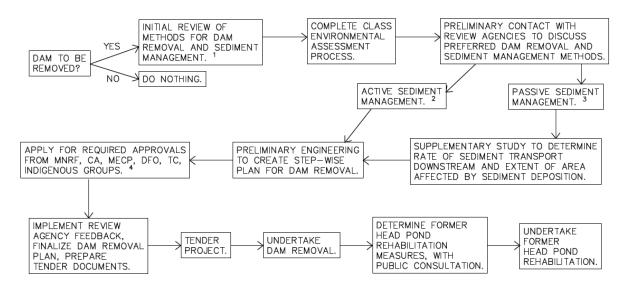
Summary of Options and Costs

As per the options and estimated costs presented in Table 6 and Table 7, there appears to be very significant cost and technical challenges to complete Option 1 or Option 2. Both options would deal proactively with the sediments to prevent sediment in the reservoir from being naturally transported downstream. However, the technical and environmental challenges, and the capital and engineering costs of Option 1 and 2, would appear beyond the reach of the project. As such, the recommendation of GSS Engineering Consultants Ltd is that Option 1 and Option 2 are not considered feasible at this time and that Option 3 and 4 be considered further for removal of the Head Street dam.

Potential Removal of Head Street Dam Next-Steps

The Figure 4 provides a general outline of the next steps for the potential removal of the Head Street Dam in the form of a flow chart. The flow chart follows the steps including selection of preferred removal and sediment management method, consultation with review agencies, recommended additional studies, engineering of dam removal, tendering the project, removal of the dam, and finishing with the rehabilitation of the former reservoir. Emphasis is placed on communication with review agencies. If the dam is to be removed, it is very important that all appropriate review agencies (MNRF, MECP, DFO, Indigenous groups) are consulted to determine the preferred dam removal and sediment management option. If passive sediment management is the preferred option, it is important that all review agencies are aware of the effects this will have on the East Sydenham River (increased turbidity and siltation downstream of the dam).

POTENTIAL DECOMMISSIONING OF HEAD STREET DAM PROJECT FLOW CHART



- 1. PUBLIC CONSULTATION COULD BE CONSIDERED FOR DETERMINING THE PREFERRED METHOD FOR DAM REMOVAL AND SEDIMENT MANAGEMENT.
- 2. ACTIVE SEDIMENT MANAGEMENT INCLUDES DREDGING OR EXCAVATING ACCUMULATED SEDIMENT PRIOR TO DAM REMOVAL.
- 3. PASSIVE SEDIMENT MANAGEMENT CONSISTS OF ALLOWING THE SEDIMENT TO BE TRANSPORTED DOWN STREAM NATURALLY BY THE RIVER.
- 4. IF PASSIVE SEDIMENT MANAGEMENT IS SELECTED IT IS IMPERATIVE THAT ALL REVIEW AGENCIES ARE FULLY AWARE OF THE EFFECTS.

Figure 4 Next Steps for Potential Decommissioning of Head Street Dam Project

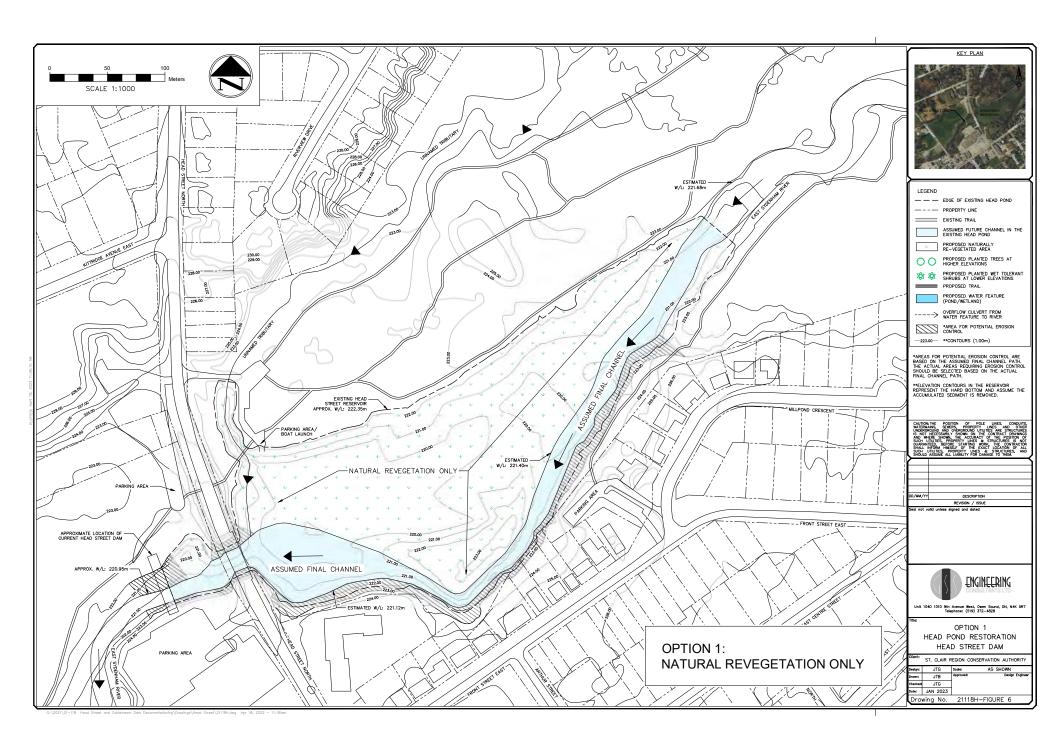
Restoration of the Reservoir

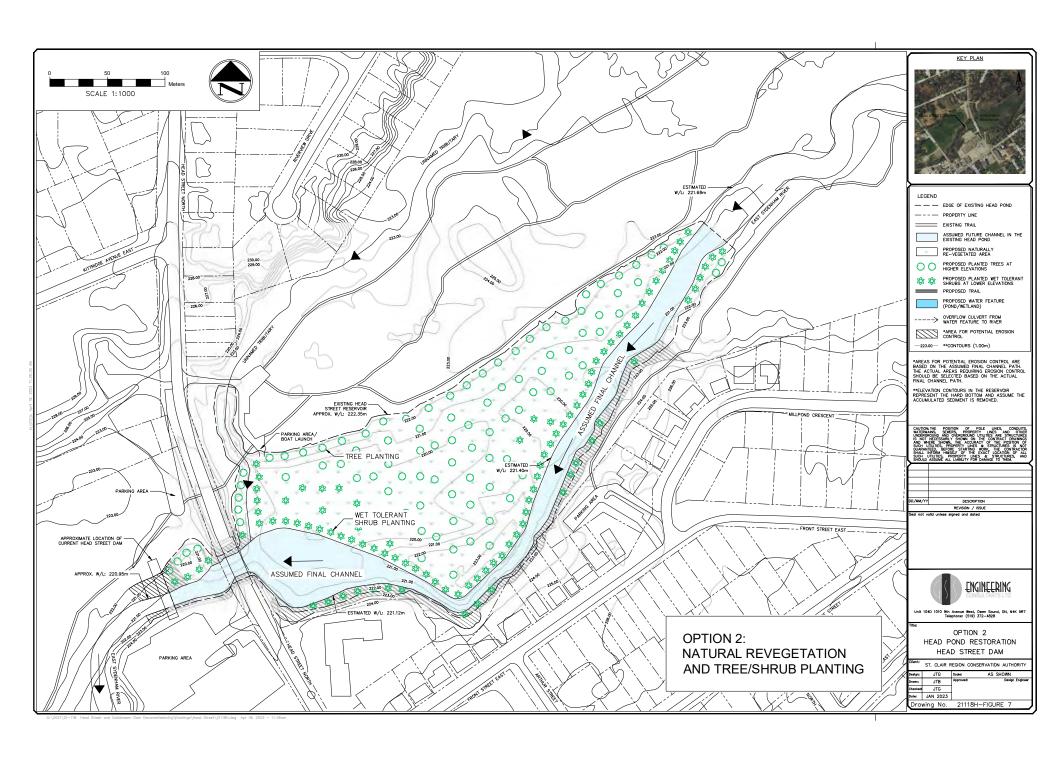
The Head Street dam reservoir has an area of approximately 6.2ha. This large area provides an opportunity for a range of rehabilitation options if ever the dam is considered for removal. Four options have been presented by GSS Engineering Consultants, based on feedback from the SCRCA and relatively low costs for construction and maintenance. The following figures provide a conceptual option for restoration of this area if the dam was removed and include options for creating passive recreational use and improving natural wildlife habitats all while incurring minimal maintenance costs.

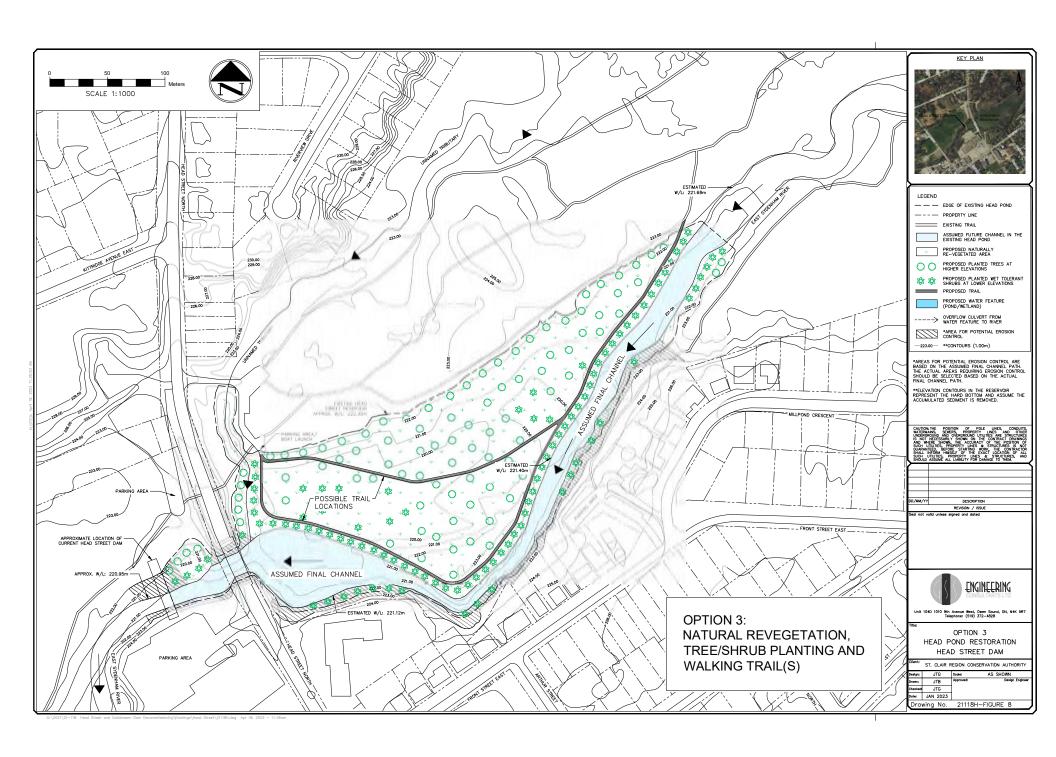
All the rehabilitation options depict areas in which erosion control may be required. These areas include the shores of the dam, under the Head Street Bridge, and along the south shoreline as this is the estimated path of the river through the reservoir. If the final river path is different then that depicted on the restoration drawings, the areas requiring erosion control should be altered accordingly.

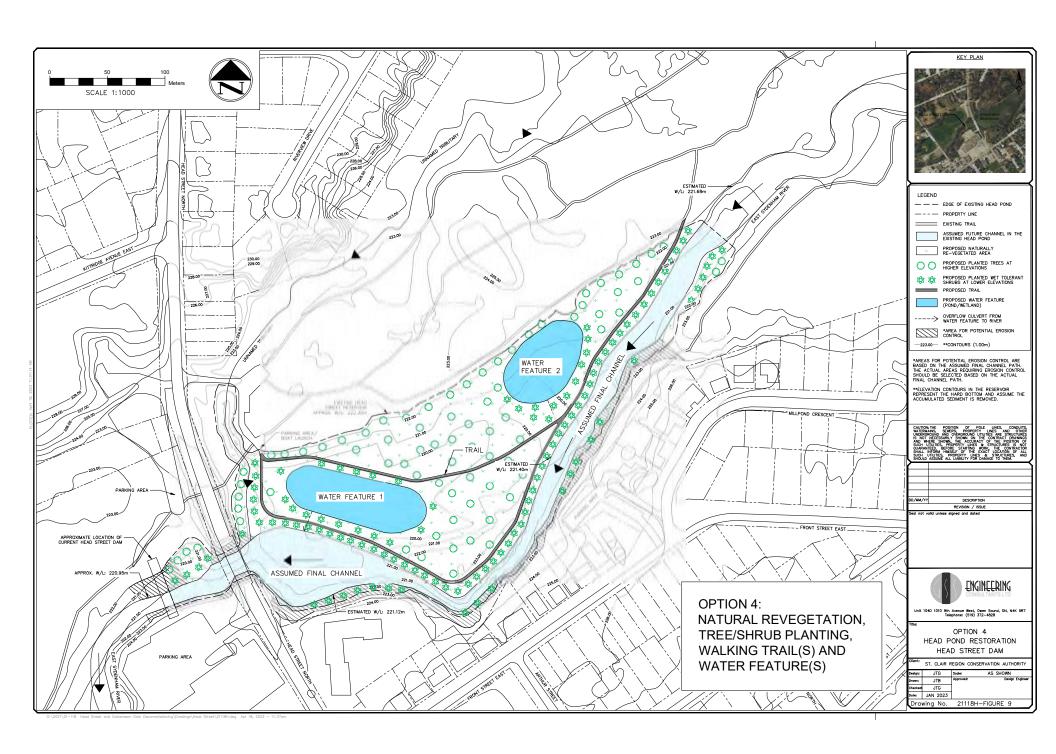
It is likely unrealistic for a dam removal strategy to be implemented that proactively removes the accumulated sediment in the Head Street reservoir. Therefore, it is

assumed that if the dam is removed the accumulated sediment will be left to be naturally transported downstream over time. As the river meanders through the empty reservoir in search of its final channel path, much of the sediment will be transported and this will alter the topography of the former reservoir area. As such it is recommended that any major rehabilitation efforts in the reservoir take place only after the river has found it's final path and the topography is relatively constant. This may take 5-10 years. Until the river has created a final path, the large plain of drying sediment and meandering river may be dangerous for human use. Therefore, it is recommended that human use of the former reservoir is discouraged until rehabilitation is fully completed.





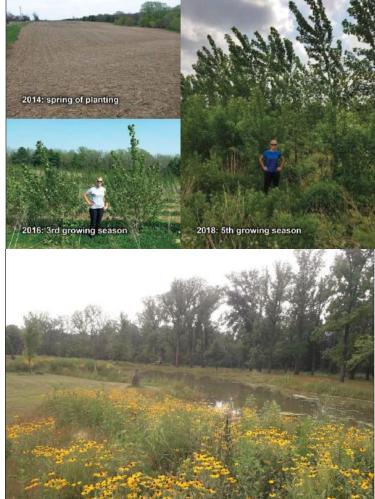




Additional potential restoration features include:

Wildlife habitat in the form of grasslands or pollinator meadows can be created to promote diversity.

Reforestation of the area with native plantings of trees and shrubs can be an effective way to restore the property.

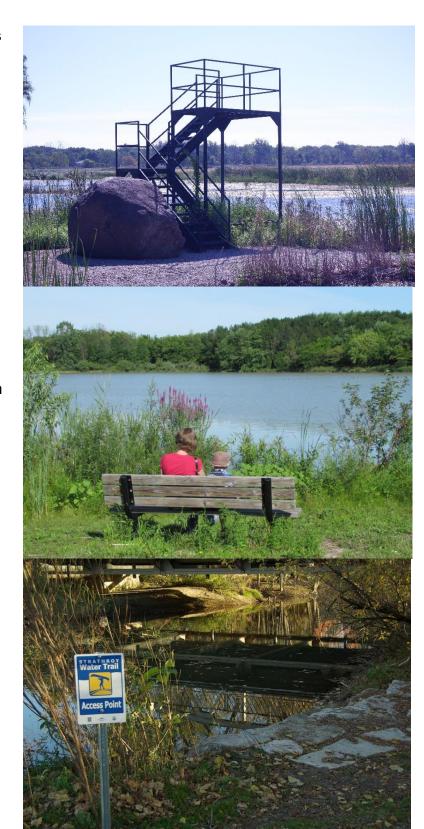


Water features such as shallow wetland areas or ephemeral pools for amphibians and deeper ponds to support fish communities can be located adjacent to the new channel location and enhance habitat in this area; these types of features would be constructed offline and would not be directly linked to the new channel.

Viewing platforms or towers can be installed at various location for wildlife observations.

Trails complete with sitting areas may be created or enhancements made to the existing trail system to promote physical activity and highlight the restoration features of the property.

Additional recreational amenities such as picnic areas and water access points for canoes/kayaks that are linked to the new trail system may be integrated into the property.



To improve fish habitat conditions, a variety of in channel features may be considered to enhance the restoration including step pools, spawning/gravel beds, vortex weirs and woody overhead cover.

